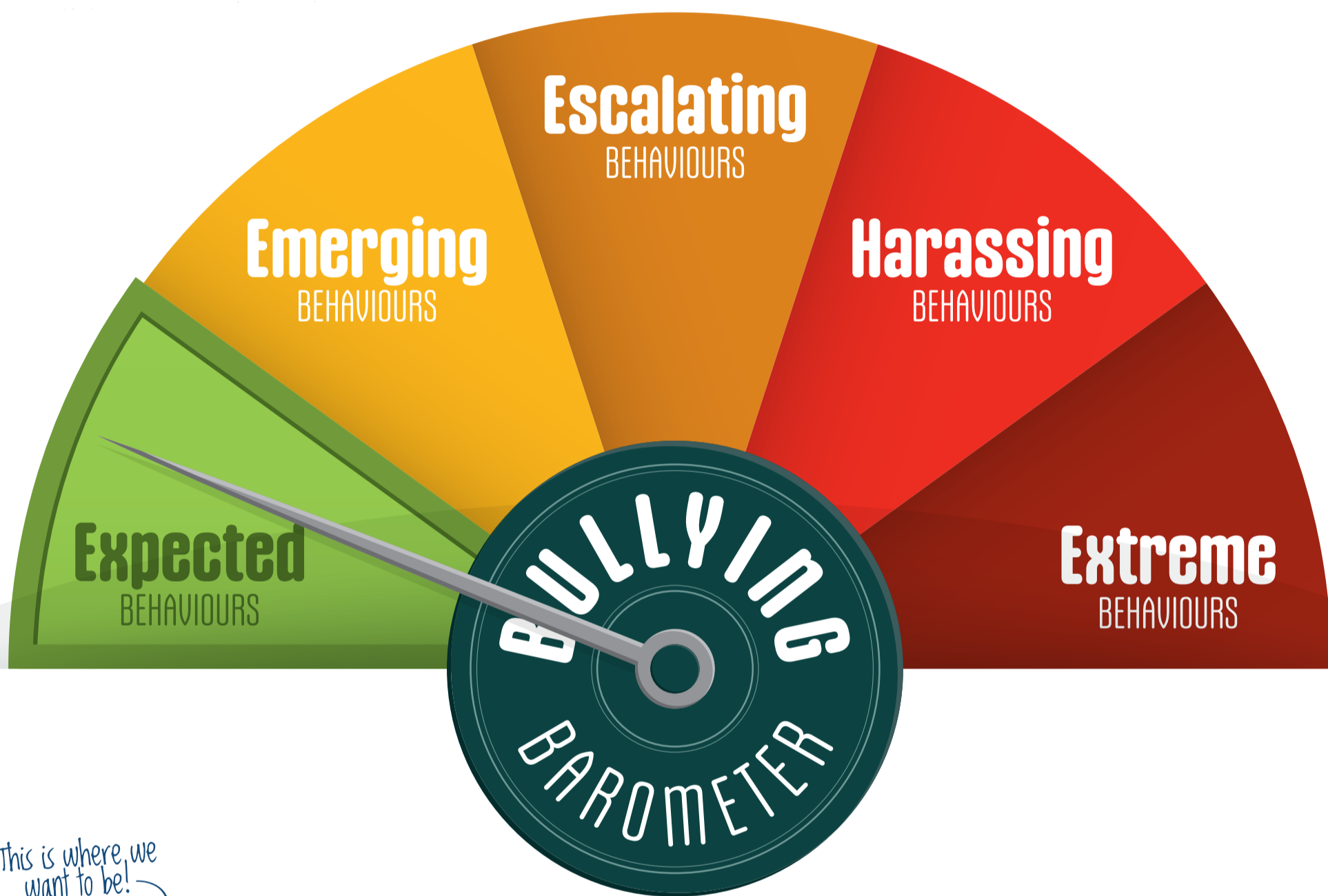


Don't stand by...

Stand up



Don't be a
BYSTANDER
to bullying



This is where we
want to be!

Expected

- Welcome others differences
- Treat others the way we want to be treated
- Engage online in ways that build people up
- Support each other and shut down gossip
- Manage conflict responsibly

At Armadale, students say bullying is...

Emerging

- Laughing at the person
- Fake jokes
- Whispers
- Disgusted face
- Sharing information or images about someone
- Hacking someone's social media
- Filming someone without permission

Escalating

- Intentionally being rude or 'mouthing off'
- Teasing, name calling or meanness
- Sending mean texts or DM's
- Aggressive tone
- Body shaming
- Purposely excluding others
- Spreading rumours or 'false stories'
- 'Dirty looks' or stares
- Publicly embarrassing someone

Harassing

- Intimidation
- Throwing things at people
- Raising voice or yelling
- Flinching
- Pushing
- Offering out fights
- 'Shaping up' and looking ready to fight
- Damaging or stealing someone's property

Extreme

- Threats
- Physical violence
- Mobbing
- Racism
- Stalking or following someone



Armadale
SENIOR HIGH SCHOOL

Aspire . Strive . Achieve